



Chef’s Message

Head Chef Luciano and the kitchen team are passionate about what they do. They take pride in sourcing the finest local ingredients while also seeking out the best seasonal produce from further afield. Every dish is cooked fresh to order, so if you’re short on time, just let us know.

Brunch

Served Monday – Saturday until 2pm • Sunday until 11.45am

Full English Breakfast	12.50
sausage, bacon, mushroom, hash brown, eggs, black pudding, baked beans, slow-roasted tomato (G, E, D, SD, S) 1040 kcal	
Eggs Benedict (gfo).....	10.95
toasted muffin, ham, poached eggs, hollandaise (G, S, E, D / CE) 454 kcal	

Flat Iron Steak & Potato Hash (gf)	12.45
black pepper, mayonnaise, spinach, poached egg (E, MU, SD / D, CE) 662 kcal	
French Brioche Toast (v)	10.95
caramelised plums, yoghurt (G, E, D / S, MU) 522 kcal	
add bacon 256 kcal	2.00

Avocado on Toasted Sourdough (v, gfo)	9.45
roasted vine tomatoes, poached eggs (G, E, SE) 433 kcal	
Smoked Salmon Croissant (gfo).....	13.50
scrambled eggs (G, F, S, E, D, SE, SD / MU) 700 kcal	
Bacon & Egg Bun (gfo).....	6.50
brioche (G, E, D) 224 kcal	

Grazing & Sharing

Warm House Bread (v)	7.95
olive oil, salted butter (G, SE, SD, D / S, E) 742 kcal	
Puffed Pork Quavers (gf)	3.95
sage & fennel salt 129 kcal	

Honey & Mustard Pigs in Blankets	5.95
(G, MU, SD) 451 kcal	
Sticky Korean Fried Cauliflower (ve)	4.50
(G, S, SE) 345 kcal	

Starters

Soup of the Day	6.50
bread, butter ask for allergens & calories	
Tempura Prawns	10.50
mango salsa, gochujang mayonnaise, peanut crumb (G, C, P, S, E / SE, N) 818 kcal	
Beetroot Salmon Gravlax	9.95
pickled shallot rings, cucumber, rye bread (G, F, SD / L, CE) 359 kcal	

Whipped Feta Cheese with Warm Golden & Ruby Beetroot (ve)	6.95
roasted fig, pickled walnuts (G, N) 123 kcal	
Black Pudding Scotch Egg	8.50
apple & celeriac rémoulade (G, S, E, D, MU, SD, CE / SE, F, MO, C) 435 kcal	
Garlic Mushrooms, Poached Egg & Pancetta (vo, gfo)	8.95
toasted sourdough (G, E, D, SE, SD / F, S, CE) 785 kcal	

Classic Sandwiches

white or wholemeal bloomer, dressed salad, pipers crisps (gfo)

Egg Mayonnaise (v, gfo) (G, E, D, MU, SD / L, S, CE) 321 kcal	7.95
Cheddar Cheese & Pickle (v, gfo) (G, D, SD, MU / L, S, E, CE) 945 kcal	7.95
Chicken Caesar Wrap (G, E, D, F, MU / L, CE) 471 kcal	8.95
Houmous & Beetroot Falafel (v, gfo)	8.95
lettuce, carrot (G, D, SE, SD / S, MU) 644 kcal	

ADD
FRIES
1.50

ADD
A CUP
OF SOUP
3.00

Artisan Sandwiches

dressed salad, skinny fries

Ultimate Tuna Melt Wrap (gfo) (G, F, D, MU / L, CE) 361 kcal	9.95
Fish Finger Butty (gfo)	10.95
battered fish bites, tartare sauce (G, F, S, E, D, MU, SD) 826 kcal	
Swans Triple Club Sandwich (gfo)	12.00
bacon, chicken, mayonnaise (G, S, E, D, MU, SD / SE) 1278 kcal	
Steak & Onion Focaccia Roll (gfo)	12.95
(G, MU, SD / L, S, E, D, CE) 473 kcal	

Sunday Roasts

Roast Topside of Beef (gfo)	17.95
roast potatoes, seasonal vegetables, Yorkshire pudding, gravy, horseradish sauce (G, E, D, CE / S, MU) 956 kcal	
Roast Loin of Pork (gfo)	16.95
roast potatoes, seasonal vegetables, Yorkshire pudding, gravy, apple sauce (G, E, D, SD / S, CE) 584 kcal	

Roast Chicken Supreme (gfo)	15.95
pig in blanket, roast potatoes, seasonal vegetables, Yorkshire pudding, gravy (G, E, D, S, SD) 935 kcal	
Vegetarian Loaf (v, veo)	13.95
roast potatoes, seasonal vegetables, vegetarian gravy (G, S, E, D, CE, MU) 836 kcal	

Main Courses

Fish & Chips (gf)	13.95/17.50
beer-battered North Sea haddock, chunky chips, mushy peas, tartare sauce, lemon (F, E, MU / S) 961 kcal / 1298 kcal	
Pie of the Day	16.95
seasonal vegetables, choice of mash or chunky chips ask for allergens & calories	
The Swans Burger	16.95
grilled cheddar, smoked bacon, relish, pickled red onions, brioche bun, skinny fries (G, S, E, D, MU, SD) 1011 kcal	
Pan-Fried Lamb’s Liver & Bacon (gf)	13.95
mashed potato, buttered seasonal greens (D, SD / CE) 482 kcal	
Cod Fillet (gf)	17.95
courgette parmigiana, sautéed potato, tomato & olive sauce (F, D, CE, SD / L) 197 kcal	
8oz Sirloin Steak (gf)	28.95
tomato & red onion salad, chunky chips, peppercorn sauce (SD, MU) 1267 kcal	

Tagliatelle Bolognese	13.95
Grana Padano, garlic bread (G, E, D, CE, SD / L, S, MU) 1008 kcal	
Chef’s Butter Chicken Curry	16.95
basmati rice, folded naan, onion bhaji (G, SD, D / MU) 1057 kcal	
Smoked Carrot & Sweet Potato Burger (ve)	15.95
brioche bun, lettuce, skinny fries (G) 365 kcal	
Breaded Aubergine Schnitzel (v)	12.95
curry sauce, pickled red onions, coriander basmati rice (G, E, D, SD / C, F, S) 652 kcal	
Chicken Caesar Salad (gfo)	14.95
anchovies, croutons, baby gem (G, F, E, D) 474 kcal	
Super Salad (ve)	13.95
avocado, Korean fried cauliflower, pickled shallot, toasted pumpkin seeds (G, S, MU, SD / SE, N) 550 kcal	

Sides

Chunky Chips (ve, gf) herb salt (SD / CE) 331 kcal	4.50
Skinny Fries (ve, gf) herb salt 363 kcal	4.50
Simple Salad (v, gf)	4.50
olives, radicchio, gem lettuce, cherry tomatoes, red onion (D, SD, MU) 55 kcal	

Buttered Seasonal Greens (v, gf) (D) 175 kcal	4.50
Crispy Onion Petals (ve, gf)	4.95
garlic mayonnaise 368 kcal	
Tenderstem Broccoli (v, gf)	5.50
garlic & chilli (D, MU) 19 kcal	

Invisible Chips	2.00
0% FAT, 100% HOSPITALITY	

All proceeds from Invisible Chips go to Hospitality Action, who offer help and support to people in Hospitality in times of crisis. Thanks for chipping in! Scan this code for more information or visit hospitalityaction.org.uk



If you have a food allergy, intolerance or sensitivity, please speak to your server before ordering your meal. Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen. Items cooked within our fryers and ovens cannot be separated from allergenic ingredients and cross contamination may occur.

v (vo): Vegetarian (on request) ve (veo): Vegan (on request) gf (gfo): Gluten-Free (on request)
Allergens (Contains / May Contain): C: Crustaceans • CE: Celery • D: Dairy • E: Eggs • F: Fish • P: Peanuts • G: Gluten • L: Lupin • N: Nuts • MO: Molluscs • MU: Mustard • S: Soya • SD: Sulphur dioxide • SE: Sesame seeds

We add a discretionary 10% service charge on all our food items. 100% of all gratuities go directly to our team members. Please let your server know if you wish to remove this element.



Three Swans Hotel

Market Harborough



Children Eat Free on Sundays

Get one free children's three-course meal from our Children's Menu when you purchase a full-priced adult main course.

Drinks not included. Dishes and offer subject to availability. Offer only available for children aged 12 and under.



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Afternoon Tea

Join us every day between 2pm and 5pm for our sumptuous Afternoon Tea. Enjoy a selection of finger sandwiches and sweet treats with unlimited tea or coffee.

Why not add a glass of fizz and make it extra special?

Afternoon Teas must be pre-booked.

www.threeswans.co.uk



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