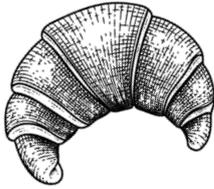


RESIDENT'S BREAKFAST

Here at the Three Swans we believe that breakfast is definitely the most important meal of the day, so please make the most of our delicious breakfast and start your day the best possible way.

Continental - £7.50 Full Buffet - £12.50



CONTINENTAL BUFFET

Please help yourself to these items

Assorted juices

Orange, apple, grapefruit, cranberry **Sd**

Fresh fruit salad

Danish pastries **D, G, E**

Natural Yoghurt

Add berry compote, museli, seeds, fresh fruit or honey **N, D, Se**

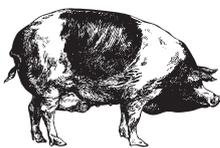
Selection of cereals & museli **G, N, Se**

Granary or white toast

Butter, Tiptree preserves **G, D**

Cheese selection **D**

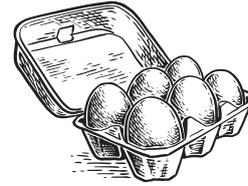
Continental meats



HOT BUFFET

A selection of hot food including:

Smoked bacon, grilled sausage, button mushroom, baked beans, fried eggs, scrambled eggs, hash brown, grilled tomato & fried bread.



COOKED TO ORDER

Please order with a team member

Full vegan breakfast

Vegan sausage & 'black pudding', grilled tomato, mushrooms, baked beans, spinach
Vegan **G, S, Sd, Ce**

Toasted Teacake

Toasted tea cake, served with butter & preserves.
G, D, Sd

Eggs benedict

Toasted tea cake, grilled bacon, a brace of poached hens eggs, Hollandaise sauce
G, E, D, S

Eggs florentine

Toasted tea cake, creamed spinach, a brace of poached hen's eggs, Hollandaise sauce
G, E, D, S

Eggs Royale

Toasted tea cake, oak smoked salmon, a brace of poached hen's eggs, Hollandaise sauce
G, F, E, D, S

Poached Eggs

a brace of poached hen's eggs, served on white or malted brown bloomer
E, G, Sd

Bacon or sausage sandwich

Grilled rashers or sausages, white or malted brown bloomer
G, D, Sd

Porridge

Berry compote, seeds, fruit and honey
G, D

ALLERGIES AND INTOLERANCES: If you or any member of your party are affected by any food allergies or intolerances, please advise a member of our team. We cannot guarantee that any items are completely allergen free due to them being produced in a kitchen that contains ingredients with allergens. All allergens correct at time of printing.

C: Crustaceans / **Ce:** Celery / **D:** Dairy / **E:** Eggs / **F:** Fish / **P:** Peanuts / **G:** Gluten / **L:** Lupin
N: Nuts / **Mo:** Molluscs / **Mu:** Mustard / **S:** Soya / **Sd:** Sulphur dioxide / **Se:** Sesame seeds